

Course Competency

PHT 1201L INTRO/PHYS THER LAB

Course Description

Basic patient care and treatment procedures which are typically required in a physical therapy service area. Corequisite: PHT 1201. Laboratory fee. (2 hr. lab)

Course Competency	Learning Outcomes
<p>Competency 1:The student will demonstrate an understanding of procedures related to Patient Communication by:</p>	<ol style="list-style-type: none"> 1. Communication 2. Critical thinking 3. Ethical Issues 4. Social Responsibility
<ol style="list-style-type: none"> 1. Introducing self to patient and explaining procedures at an appropriate level. 2. Giving verbal instructions that are clear and concise. 3. Using demonstration and tactile cueing to augment instruction. 4. Giving patient feedback as the activity progresses 	
<p>Competency 2:The student will demonstrate an understanding of Patient Positioning by:</p>	
<ol style="list-style-type: none"> 1. Appropriately positioning patient for selected therapeutic activity. 2. Providing adequate support. 3. Arranging sequence of treatment so as to minimize repositioning required. 4. Demonstrating good positioning on plinth (supine, prone, and sidelying) and in a chair. 	
<p>Competency 3:The student will demonstrate an understanding of Body Mechanics by:</p>	
<ol style="list-style-type: none"> 1. Maintaining proper alignment during all 	

<p>treatment activities including.</p> <ol style="list-style-type: none"> 2. Administering therapeutic procedures. 3. Positioning and transferring a patient. 4. Standing and ambulating a patient. 5. Teaching proper alignment to his/her patient. 	
<p>Competency 4:The student will demonstrate an understanding of Transfers and Mobility training by:</p>	
<ol style="list-style-type: none"> 1. Using good body mechanics, demonstrating safe lifting techniques. 2. Demonstrating proper bed positioning. 3. Transferring a patient (bed to bed, chair to bed, floor to chair and hoyer lift). 4. Demonstrating one person, two person and three person transfers. 5. Properly using the Hoyer lift. 6. Identifying the "anatomy" of a wheelchair. 7. Instructing a partner in propelling wheelchair on level surfaces, ramps, through doorways and curbs. 	
<p>Competency 5:The student will demonstrate procedures related to the assessment of Vital Signs by:</p>	
<ol style="list-style-type: none"> 1. Accurately measuring and recording a patient's vital signs. 2. Correctly obtaining the heart rate (radial, carotid, femoral, brachial, popliteal and pedal) 3. Correctly obtaining the blood pressure. 4. Correctly assessing the respiratory rate. 5. Identifying in a simulated case, parameters that indicate termination of treatment. 6. Notifying supervising therapist of change(s) in patient's status. 	
<p>Competency 6:The student will understanding Gait training by:</p>	
<ol style="list-style-type: none"> 1. Measuring and appropriately adjusting the height of Crutches, Canes, and Walkers. 2. Demonstrating and teaching his/her patient 	

<p>the following gait patterns.</p> <ol style="list-style-type: none"> 3. Demonstrating and teaching his/ her patient non-weight bearing, partial weight bearing, toe touch and weight bearing as tolerated. 4. Demonstrating and teaching the correct procedures for ambulation with an assistive device on uneven surfaces. 5. Demonstrating safe guarding techniques while gait training a patient. 	
<p>Competency 7:The student will understanding of Therapeutic Exercises by:</p>	
<ol style="list-style-type: none"> 1. Demonstrating PROM, AROM, AAROM and resistive ROM in all joints and all planes of motion. 2. Given a tight muscle, demonstrating appropriate stretching techniques. 3. Demonstrating and teaching patient resistive exercises including both manual and mechanical. 4. In a simulated case study, demonstrating how to progress a treatment program within specified overall treatment goals. 	
<p>Competency 8:The student will comprehend the Documentation requirements by:</p>	
<ol style="list-style-type: none"> 1. Presenting the purpose of documentation. 2. Stating what SOAP stands for and giving a brief definition of each acronym. 3. Clarifying the information included under each area of a SOAP note. 4. Stating the difference between long and short term objectives. 5. Relating the subjective and objective portion of a note to the assessment and plan. 6. Identifying the procedures associated with documentation. 7. Discussing the general principles of good note writing including; accuracy, brevity and clarity. 8. Discussing the legal issues of documentation. 	

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| <ol style="list-style-type: none">9. Given a simulated patient scenario, writing a progress note in SOAP format with accuracy, brevity and clarity.10. Reviewing the code of Ethics and Professional Regulations governing physical therapy practice and discuss its implications to documentation. | |
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